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# Extension Home Economists: Helping People Put Knowledge To Work







## Do YOU Know What Extension Home Economics Is?

Federal, state, and county governments COOPERATE in a unique program to EXTEND practical education to people beyond the formal classroom. The men and women who work in this program make up the COOPERATIVE EXTENSION SYSTEM. Extension workers reach into communities and homes—both urban and rural—in every county in the United States. Extension helps people use the knowledge from state universities and the U. S. Department of Agriculture to solve their problems and make their lives easier, fuller, and more rewarding. Extension education covers the general areas of home economics, agriculture, natural resources, youth development, and community development.

Extension home economists determine the needs of the people they serve and then use a variety of teaching and communications methods to help them manage household resources and solve family and community problems.

For example, Extension home economists help people:

- make better use of their money and other economic resources,
- limit energy use and protect home and community environments,
- follow safe, economical, and healthful nutrition practices,
- adjust to family life changes.

## What Might YOU Do As an Extension Home Economist?



... teach better food and nutrition practices



Left: Jackie Wirth (left), Extension home economist in Philadelphia, consults with an Extension dietetics expert to insure that her educational programs are based on the latest research.

Above: Alaska county Extension home economist (left) checks the quality of home-preserved carrots with another staff member.

... help families plan better financial management



*A Virginia Extension home economist provides credit information to government employees with a "lunch and learn" exhibit.*

... help people conserve energy



*Joyce Hustey, county Extension home economist in Pennsylvania, shows workshop participants how to reduce costly energy loss by using better window insulation.*



... communicate by mass media



*A Georgia Extension home economist prepares to tape a series of public service announcements for an Atlanta television station.*



*This North Carolina county Extension home economist covers everything from money management for unemployed families to health care and food preservation tips on her weekly radio show.*



... use the latest electronic technology



*Above: Sue Merkley, Indiana Extension housing specialist and former county home economist, tries out a voice-activated computer at Extension's annual computer show for farm families.*

*Right: A Virginia county Extension home economist participates in a teleconference on money management.*



... work with young people





... help communities organize to solve problems



*Left: A South Dakota Extension home economist (back) visits a volunteer whom she has trained to teach sewing to school children on the Standing Rock Reservation. Above, she visits an Indian home to invite the mother to a workshop on caring for young children.*



*Marilyn Lee-Tom (left), Extension county home and community program specialist in Boston, helps Chinatown residents organize to tackle housing problems and fight crime.*



... help people communicate better and deal with stress



*Extension home economist Annie Gilmer runs a special program for Navy Family Services in Norfolk, Virginia, to help families with a variety of problems.*

... train aides and volunteers to help extend your efforts



*Above: Jim Van Horn, Pennsylvania Extension family life specialist, talks with a group of Extension Expanded Food and Nutrition Program aides about how to communicate better with the families they serve.*

*Right: Virginia Extension home economist Betty Eyler trains a group of master food preservers who have promised to teach others in return for their training.*



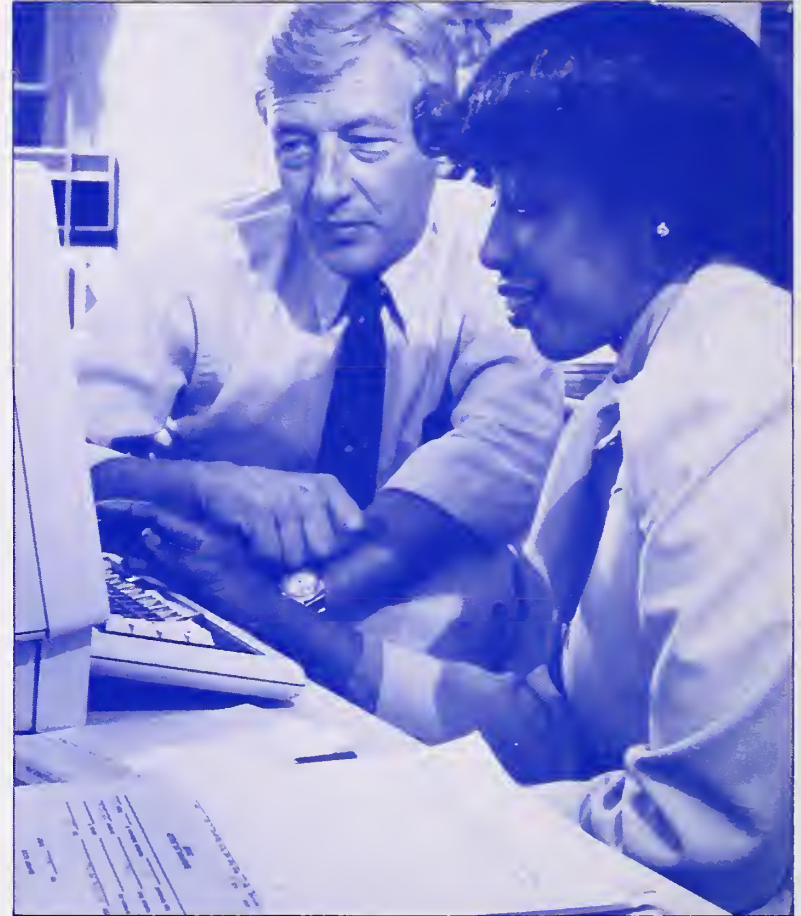


... direct your county's Extension staff



*Above: Sally Ebling, county Extension home economist in Ohio, is also chairman of her county Extension staff. Here she joins the horticulture agent to inspect a new lettuce crop in an energy-efficient bubble greenhouse.*

*Right: As county Extension chairman, Maryland county Extension home economist Jean Baker Greene coordinates the work of other professionals and support staff in her office and is responsible for the county Extension budget.*





... advance to administrative positions at the state level



*Lucinda Noble, left, Director of the New York Cooperative Extension Service, and Anne H. Rideout, above, Associate Director of the Connecticut Cooperative Extension Service, play key leadership roles as administrators of state Extension programs. Both are former county Extension home economists.*



*Naurine McCormick, assistant director for home economics with the Ohio Cooperative Extension Service, testifies on a proposed farm bill at a Congressional hearing in Washington, D.C.*

...or serve in a leadership role at the federal level



*Extension Service—USDA staff members Velda Rankin, clothing and textiles program leader; Ava Rodgers, deputy administrator for home economics and human nutrition; and Edith Thomas, EFNEP (Nutrition) program leader, participate in a national audio teleconference with Extension assistant directors of home economics in 10 states to discuss home economics policy matters.*



*Mary Nell Greenwood, former Missouri Extension home economist, held administrative positions at many levels and now is Administrator of the Extension Service, U.S. Department of Agriculture, giving leadership to the work of that federal agency and the national Extension system in 50 states, Puerto Rico, the District of Columbia, the Virgin Islands, Guam, Micronesia, and American Samoa.*



## Is Extension Home Economics for YOU?

If you would like to be an educator and a communicator, and if you would like to help people help themselves, Extension home economics may be the career for YOU. The rewards—monetary, professional, and personal—are attractive.

For more details on Extension home economics as a career, get a copy of "Home Economics Careers With the Cooperative Extension Service" (Misc. Pub. 1425) by writing to the Publications and Distribution Group, Extension Service, Room 3431-South Building, Washington, D.C. 20250.

For specific information about current job opportunities, contact the Assistant Director of Home Economics at any of the state land-grant universities listed on the following pages.

## The Land-Grant Colleges and Universities of the United States

Alabama	—Auburn University, Auburn 36849 —Alabama A&M University, Normal 35762 —Tuskegee Institute, Tuskegee 36088	Illinois	—University of Illinois, Urbana 61801
Alaska	—University of Alaska, Fairbanks 99701	Indiana	—Purdue University, West Lafayette 47907
American Samoa	—American Samoa Community College, Mapusaga Campus, P.O. Box 2609, Pago Pago 96799	Iowa	—Iowa State University, Ames 50011
Arizona	—University of Arizona, Tucson 85721	Kansas	—Kansas State University, Manhattan 66506
Arkansas	—University of Arkansas, Little Rock 72203 —University of Arkansas, Pine Bluff 71601	Kentucky	—University of Kentucky, Lexington 40546 —Kentucky State University, Frankfort 40601
California	—University of California, Berkeley 94720	Louisiana	—Louisiana State University, Baton Rouge 70803 —Southern University and A & M College, Baton Rouge 70813
Colorado	—Colorado State University, Fort Collins 80523	Maine	—University of Maine, Orono 04469
Connecticut	—University of Connecticut, Storrs 06268	Maryland	—University of Maryland, College Park 20742 —University of Maryland, Eastern Shore Princess Anne 21853
Delaware	—University of Delaware, Newark 19711 —Delaware State College, Dover 19901	Massachusetts	—University of Massachusetts, Amherst 01003
District of Columbia	—University of the District of Columbia, Washington, D.C. 20004	Michigan	—Michigan State University, East Lansing 48824
Florida	—University of Florida, Gainesville 32611 —Florida A & M University, Tallahassee 32307	Micronesia	—College of Micronesia, Ponape, E.C.I. 96941
Georgia	—University of Georgia, Athens 30602 —The Fort Valley State College, Fort Valley 31030	Minnesota	—University of Minnesota, St. Paul 55108
Guam	—University of Guam, Agana 96910	Mississippi	—Mississippi State University, Mississippi State 39762 —Alcorn State College, Lorman 39096
Hawaii	—University of Hawaii, Honolulu 96822		
Idaho	—University of Idaho, Moscow 83843		

Missouri —University of Missouri, Columbia 65211  
 —Lincoln University, Jefferson City 65101  
 Montana —Montana State University, Bozeman 59717  
 Nebraska —University of Nebraska, Lincoln 68583  
 Nevada —University of Nevada, Reno 89557  
 New Hampshire —University of New Hampshire, Durham  
 03824  
 New Jersey —Rutgers State University, New Brunswick  
 08903  
 New Mexico —New Mexico State University, Las Cruces  
 88003  
 New York —New York State College of Agriculture,  
 Ithaca 14853  
 North Carolina —North Carolina State University, Raleigh  
 27650  
 —North Carolina A & T State University,  
 Greensboro 27420  
 North Dakota —North Dakota State University, Fargo 58105  
 Ohio —The Ohio State University, Columbus 43210  
 Oklahoma —Oklahoma State University, Stillwater  
 74078  
 —Langston University, Langston 73050  
 Oregon —Oregon State University, Corvallis 97331  
 Pennsylvania —The Pennsylvania State University,  
 University Park 16802  
 Puerto Rico —University of Puerto Rico, Mayaguez 00708

Rhode Island —University of Rhode Island, Kingston 02881  
 South Carolina —Clemson University, Clemson 29631  
 —South Carolina State College, Orangeburg  
 29115  
 South Dakota —South Dakota State University, Brookings  
 57007  
 Tennessee —University of Tennessee, Knoxville 37901  
 —Tennessee State University, Nashville 37203  
 Texas —Texas A & M University, College Station  
 77843  
 —Prairie View A & M College, Prairie View  
 77445  
 Utah —Utah State University, Logan 84322  
 Vermont —University of Vermont, Burlington 05405  
 Virginia —Virginia Polytechnic Institute and State  
 University, Blacksburg 24061  
 —Virginia State College, Petersburg 23803  
 Virgin Islands —College of the Virgin Islands, St. Croix  
 00850  
 Washington —Washington State University, Pullman  
 99164  
 West Virginia —West Virginia University, Morgantown  
 26506  
 Wisconsin —University of Wisconsin, Madison 53706  
 Wyoming —University of Wyoming, Laramie 82071





